Coding category:

| Q 1.1 Age |  |
| --- | --- |
| Q 1.2 Gender | 1. Male 2. Female |
| Q 1.3 Marital status | 1. No 2. Yes |
| Q 1.4 Educational Status | 1. Illiterate 2. Primary 3. SSC 4. HSC 5. Graduation and above |
| Q 1.5 Occupational Status | 1. Housewife 2. Service 3. Business 4. Student 5. Day labor 6. Unemployed |
| Q 1.6 Sleeping problem | 1. No 2. Yes |
| Q 3.1 – 3.7 (Stress),  3.8 – 3.14 (Anxiety),  3.15 – 3.21 (Depression) | 1. Did not apply to me at all – NEVER 2. Applied to me to some degree, or some of the time – SOMETIMES 3. Applied to me to a considerable degree, or a good part of time – OFTEN 4. Applied to me very much, or most of the time - ALMOST ALWAYS |